



JoshEWEa's Garden, LLC

Popcorn Bread Mix

Serve it warm for dinner TONIGHT!

Ingredients: ALL ORGANIC: Sprouted Wheat Flour, Popcorn Flour, Rapadura Sugar, Non-Aluminum Baking Powder and Salt

This unique and flavorful "Corn Bread Mix" is our first attempt at creating "Weston A Price Convenience Foods".

We use our very own **Sprouted Wheat Flour** – ground fresh to order – and combine it with all Organic ingredients to offer you a time-saving mix that you can buy and bake TONIGHT!

No soaking time is necessary for the mix since we've used Sprouted Wheat Flour. You can just mix and bake.

To this mix you will add Milk (we suggest fresh, whole, *real* Milk), Coconut Oil (or butter or Coconut Ghee), and eggs (Organic and Pasture-Raised whenever possible). The aroma of fresh corn bread will fill your home in no time!

We suggest topping the warm bread with lots of fresh butter and honey ~ yummmmm.

(My sister-in-law likes to toss in fresh and dried fruits that she has on hand for a wonderfully unique outcome each time – way to go!)

Visit us at www.joshEWEasgarden.com today!