



JoshEWEa's Garden, LLC

262-498-9038

## **SPROUTED Wheat and Spelt Berries**

Ingredients: Organic Wheat or Spelt

**SPROUTED** Berries are prepared using the same process as our flours. The only difference is we leave the grinding to you! *It doesn't get any fresher than this!*

These freshly sprouted and dried berries are sold **by the pound** so buy as much or as little as you need.

Visit us at [www.joshEWEasgarden.com](http://www.joshEWEasgarden.com) today!