



JoshEWEa's Garden, LLC

# Trail Mix

**A full ONE pound of Soaked & Dried Snack Foods**

Ingredients: **ALL Organic:** The following have all been Soaked & Dried according to the Weston A Price Foundation Guidelines: Pecans, Walnuts, Cashews, Almonds, Brazil Nuts, Pumpkin Seeds, Sunflower Seeds. Plus- in a separate baggie to reduce the sharing of moisture: Sweetened Cranberries (Organic Cranberries, Organic Sunflower Oil, Organic Cane Sugar), Raisins, and Coconut Shreds.

This one was created by special request from our customers here in Wisconsin...a snack food containing ingredients that are fully supported by the Weston A. Price Foundation!

Now **THIS** is a snack food that everyone can love. We package the Soaked & Dried Nuts and Seeds separate from the moist and delicious fruits for **YOU** to combine and enjoy together.

It is a wonderful combination of slightly salty but very “Crispy” nuts and seeds, plus sweet and satisfying fruits.

This one begs to go along with you during your busy day!